

Our Role:

- Assist students with academic planning and goal setting
- Advise students on post-secondary options (higher education, military, work force)
- Provide strategies to manage emotions and demonstrate interpersonal skills
- Collaborate with families, teachers, administrators and community
- Advocate for students at student focused meetings
- Conduct classroom lessons
- Analyze data to assess student needs
- We are here to help our students reach their full potential and succeed!



Follow us on Twitter!

@CounselorsWRHS



For more updates and information, check out our monthly newsletters on the WRHS website under School Counseling!

Contact Us

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Wachusett Regional High School

School Counseling Department



2020-2021 School Year



Meet Your School Counselors

Lauren Clark - Director of School Counseling

Mrs. Clark graduated with a Bachelor's Degree from Siena College and has a Master's Degree from Sage College. Her favorite part about being a school counselor working with people, building relationships, and seeing students grow into independent and resilient young adults. She is energized and inspired by her counseling team and learns something new from them everyday. In her free time, she loves spending time with her family--including two little ones and is passionate about exercising!

Cari Baker - School Counselor

Ms. Baker graduated with a Bachelor's Degree from Worcester State University and Master's in School Counseling from Assumption College. So far, her favorite part of the profession is building close relationships with her students, watching them grow and achieve their goals, and course advising. In her free time, Ms. Baker enjoys playing new golf courses and coaching the Girl's Golf team, spending time with friends and trips to the beach!

Allison Connors - School Counselor

Mrs. Connors graduated with a Bachelor's Degree from University of Delaware and received her Master's in Education from Northeastern University. Currently, she is attending Clark University to work on her Certificate of Advanced Graduate Studies in Mastering Public Administration in Educational Leadership. Her favorite part of school counseling is building college lists for seniors. Outside of school she loves to ski!

Jenna Damato - Adjustment Counselor

Ms. Damato graduated with a Bachelor's Degree from Assumption College and has a Master's in Social Work from Boston College. Her favorite part of the job is working with students to find helpful coping strategies to manage the stress of high school and beyond. In her spare time, she enjoys reading, scrapbooking and going to the beach. Ms. Damato plays a special role in our building and is accessible to students by referral from their school counselor.

Michael Dubzinski - School Counselor

Mr. Dubzinski received his Bachelor's Degree from Middlebury College and completed his advanced coursework at SUNY Albany, Cambridge College, Worcester State, Fitchburg State, and Endicott College. His favorite part of the job is assisting students as they grow and learn, and working with an awesome group of colleagues. In his free time, he likes spending time with family and friends. Mr. Dubzinski is also one of our football coaches here at the high school!

Lauren Freeman - School Counselor

Mrs. Freeman graduated with a Bachelor's Degree from Assumption College. She has a Master's in School Counseling from Fitchburg State University and a Certificate in Advanced Graduate Studies in School Counseling from Assumption College. This is her fifteenth year as a school counselor. Her favorite part of the job is getting to know her students and helping them achieve their personal and academic goals. Outside of school, Mrs. Freeman enjoys spending time with her husband and two children, reading and vacationing on Cape Cod.

Brittany Hanna - School Counselor

Mrs. Hanna graduated with a Bachelor's Degree from UMass Dartmouth and has a Master's Degree in School Counseling from Assumption College. She is working on her Certificate of Advanced Graduate Studies in School Counseling from Assumption College. Her favorite part of being a school counselor is connecting with students and helping them with personal goal setting as well as college and career advising! When she's not working, she loves home decorating, photography and the beach, but most of all spending time with her two little toddlers!

Christina Lee - School Counselor

Ms. Lee graduated with a Bachelor's Degree from Holy Cross College and has a Master's in School Counseling from the University of Connecticut and a Certificate of Advanced Graduate Studies from Assumption College. Her favorite part about being a school counselor is meeting with her students, course advising and attending sporting events and school plays. In her free time, Ms. Lee enjoys spending time with her daughter, walking their dog and flower and vegetable gardening. A new interest is checking out some of the local hiking trails. She loves to spend time outdoors!

Kerri Knorring - School Counselor

Mrs. Knorring graduated with a Bachelor's Degree, Master's Degree and her Certificate of Advanced Graduate Studies all from Assumption College. She is also a graduate of WRHS (Class of 1995) and has worked here as a school counselor since 2008. She likes to find something that works and stick with it! The best part of being a school counselor at Wachusett is the students, no question. They make her laugh, think, and smile every day. Outside of school Mrs. Knorring loves the Red Sox, the beach, and spending time with her family.

Jennifer Reilly - School Counselor

Mrs. Reilly graduated with a Bachelor's Degree from Christian Life College and earned both her Master's and CAGS in School Counseling from Assumption College. Her favorite part about being a school counselor is developing relationships with her caseload and helping first-generation college students discover their college options. In her free time, Mrs. Reilly enjoys hot yoga, visiting with family and friends and loves the great outdoors!



SCHOOL COUNSELOR^{CT}